

INDIVIDUAL COUNSELING

Individual counseling services at The James House allow children and teens a safe place to disclose and talk about their experiences of sexual abuse and domestic violence with a domestic violence/sexual abuse advocate.

By allowing children and teens a place to build close relationships and talk openly about their experiences, they are able to tackle challenges resulting from these experiences and become personally empowered.

JAMES HOUSE ACTIVITY BUS

The James House Activity Bus provides services for children and teens in the Tri-Cities area, ages 4 to 18, that model leadership and people skills. Activities focus on positive re-enforcement, creative activities, and field trips that develop positive attitudes toward overcoming life obstacles. Participants will:

- Reduce trauma responses
- Develop healthy coping outlets
- Develop healthy relationships/support
- Acquire knowledge and skills
- Learn that it is okay to be themselves

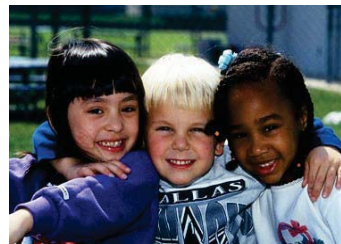


STRENGTHENING COMMUNITIES

EMPOWERING PEOPLE

MAKING A DIFFERENCE

IT STARTS WITH YOU



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Hopewell VA 23860
804-458-2704

2006 Wakefield Ave
Petersburg VA 23805
804-732-1711

www.thejameshouse.org

If you know a child or teen who could benefit from our free, confidential services please contact us.

24—Hour Hotline: 804-458-2840



CHILDREN AND YOUTH SERVICES



Support, advocacy and education for people affected by sexual violence, domestic violence and stalking.

ABOUT US

The James House Intervention/Prevention Services, Inc. is an award-winning Virginia Sexual and Domestic Violence Action Alliance-accredited agency that provides support, advocacy and education for

- Adults
- Children
- Teens
- Parents

in the Tri-Cities area affected by sexual violence, domestic violence or stalking, to empower them to become healthy, safe and self-sufficient.

INTERVENTIONS

Children and youth services offered by The James House assist children and teens in becoming empowered and safe through individual counseling, support groups, after school programs, and James House activities.

- MAP The Way
- REACT Program
- Individual Counseling
- Mobile Activity Bus



MAP The Way

MAP The Way is an 8-week motivational after school program for children ages 6-12 living in the Tri-Cities area.



8 Core Group Lessons

- Introduction/Self Expression
- Self Esteem & Feelings
- Healthy Relationships
- Peer Pressure/Bullying
- Self Care & Safety
- Social Skills
- Coping Skills
- Graduation

Children involved in the MAP The Way program learn life and personal coping skills that increase awareness of risk situations, what to do when confronted with these situations, and how to remain safe.

REACT

The **REACT** program is a support/education group facilitated by The James House. REACT offers age specific support curriculum for children and teens ages 4-18 who have witnessed or experienced domestic violence and/or sexual violence.

12 Core Group Lessons

- Feelings
- Healthy & Unhealthy Relationships
- Bullying
- Conflict Resolution
- Assertiveness: Expressing Needs & Wants
- Self Esteem
- Grief & Separation
- Coping
- Safety Planning
- Self Awareness
- Abusive Behaviors



Children and teens involved in the REACT program gain support in healing from domestic violence and sexual violence experiences, an enhanced sense of safety, and a clearer understanding of healthy relationships and self confidence.

